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NEPAL · CROSS-BORDER EXPEDITION

Nepal – Upper Mustang Motorcycle Ride

Ride to the Forbidden Kingdom of Lo Manthang

DURATION **12 days / 11 nights**	DISTANCE **On request**	START – FINISH **Gorakhpur**
DIFFICULTY **Challenging**	HIGHEST ALTITUDE **~3,730 m**	RIDING STYLE **Mountain highways, rugged trails and river crossings in…**

STARTING FROM

₹1,45,000

per person + 5% GST

Reserve with ₹50,000 advance

NEXT DEPARTURE

New dates coming soon

Ask us about the next ride or a private departure.

A 12-day ride from Gorakhpur through Kathmandu and Pokhara up the Kali Gandaki gorge to the walled city of Lo Manthang in Upper Mustang.

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ABOUT THE RIDE

Overview

This ride is one of the classics: the rain-shadow, wind-swept desert landscape of the Himalayas, with views of implausible gorges, high passes and enormous vistas. The ride to Lo Manthang passes through authentic Tibetan villages, barren ridges, deep canyons, eroded cliffs and moraine valleys — a stupendous wilderness of pristine scenery, snow-capped peaks, spectacular 16th-century monasteries and caves.

The founder of Tibetan Buddhism, Padmasambhava, came here centuries ago to defend Buddhism against the forces trying to destroy it. To celebrate his successful battle he built the temple of Lo Gekhar, which still stands today, alongside a Tibetan culture that cannot be found elsewhere.

For political reasons, travel into Mustang was strictly forbidden and the region remained isolated from the modern world. In 1992 outsiders were allowed in on a very limited basis, and this isolation has helped maintain a way of life almost unchanged for centuries.

The Kingdom of Lo, or Mustang, at around 3,770 m, keeps allegiance with the democratic republic of Nepal. Its people call themselves Lobas — people from Lo. The King's palace, an imposing four-storey building, stands in the centre of the walled city.

Maximum group of 12 riders. 5% GST applies.

Important: this trip includes a few long stages. First aid and transfer to the nearest medical centre are provided by our support vehicle, as helicopters and ambulances are rarely available. Phone coverage is limited and satellite phones are restricted, so contacting emergency services can be difficult. As on any mountain route, road quality and difficulty depend heavily on current and recent weather.

TRIP HIGHLIGHTS

01 **Lo Manthang**
The legendary walled city, its royal palace, monasteries and medieval streets.

02 **Kali Gandaki gorge**
One of the world's deepest river gorges, into the Annapurna Conservation Area.

03 **Choser village & Sinja cave**
Multi-storey cave dwellings carved into cliffs, near the Tibetan border.

04 **India–Nepal border crossing**
Ride across at Sunauli and up into the Himalayan foothills.

05 **Marpha**
Whitewashed houses, apple orchards and local apple products.

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GOOD TO KNOW

Who it is for	Riders comfortable with long days, mountain trails, river crossings and altitudes above 3,500 m.
Stays	Best available hotels and guest houses on breakfast and dinner basis — for example Hotel Manaslu (Kathmandu), Hotel Landmark (Pokhara), Hotel Black Horse (Kalopani), Hotel Karma Inn (Samar), Everest Guest House (Lo Manthang) and Hotel De Maya (Marpha), or similar.
Motorcycles	Royal Enfield Himalayan 450 — 450cc
Luggage & support	A back-up 4×4 jeep (Hilux) carries luggage, spare parts and the mechanic.

12 DAYS · GORAKHPUR

Day-by-day itinerary

DAY 01

Arrival at Gorakhpur

Gorakhpur

Arrive at Gorakhpur and transfer to your hotel. Meet the tour coordinator for a brief introduction and trip overview. Relax after your journey or explore the local markets if time permits, and prepare your riding gear and documents for the adventure ahead.

Stay: Gorakhpur
Meals: Dinner

DAY 02

Gorakhpur – Sunauli border – Kathmandu

Gorakhpur → Kathmandu **280 km**

Start early and ride to the India–Nepal border at Sunauli. Complete immigration and customs formalities, then continue through the Terai plains and gradually ascend into the Himalayan foothills, with river valleys and winding mountain roads before Kathmandu.

Stay: Hotel Manaslu or similar, Kathmandu
Meals: Breakfast, dinner
Sightseeing: India–Nepal border crossing, first Himalayan mountain ride, countryside and hill roads

DAY 03

Permit processing & ride briefing

Kathmandu

Complete the mandatory Upper Mustang Restricted Area Permit formalities. Motorcycle inspection and allocation for rental motorcycles, then a full ride briefing on the route, road conditions, altitude awareness, safety and riding technique. Free time to explore Kathmandu’s streets, cafés and heritage sites.

Stay: Hotel Manaslu or similar
Meals: Breakfast, dinner
Sightseeing: Permit processing, motorcycle familiarisation, safety briefing

DAY 04

Kathmandu to Pokhara

Kathmandu → Pokhara **210 km** **810 m**

Ride alongside the Trishuli river through valleys and mountain landscapes, past charming towns and terraced fields. Arrive in Pokhara by evening for views of the Annapurna range (weather permitting) and a relaxed evening by the lakeside.

Stay: Hotel Landmark or similar
Meals: Breakfast, dinner

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DAY 05

Pokhara to Kalopani

Pokhara → Kalopani **130 km** **2,530 m**

Ride into the Annapurna Conservation Area, following the Kali Gandaki gorge — one of the world's deepest river gorges — as the landscape changes from lush forest to alpine terrain. Reach Kalopani, a peaceful mountain village with spectacular Himalayan views.

Stay: Hotel Black Horse or similar
Meals: Breakfast, dinner

DAY 06

Kalopani to Samar

Kalopani → Samar **80 km** **3,660 m**

Continue through Kagbeni and officially enter restricted Upper Mustang. Ride across colourful cliffs, deep canyons and ancient Tibetan-style villages, ascending gradually to Samar, one of the first traditional settlements of Upper Mustang.



Stay: Hotel Karma Inn or similar
Meals: Breakfast, dinner
Sightseeing: Entry into Upper Mustang, high-altitude riding, Tibetan Buddhist culture

DAY 07

Samar to Lo Manthang

Samar → Lo Manthang **56 km** **3,730 m**

Ride through breathtaking high-altitude desert, crossing passes adorned with prayer flags, to the legendary walled city of Lo Manthang. In the afternoon, explore the ancient royal palace, monasteries and narrow medieval streets.



Stay: Everest Guest House or similar
Meals: Breakfast, dinner
Sightseeing: Royal palace, monasteries

DAY 08

Excursion to Choser village & Sinja cave

Lo Manthang **47 km**

An adventurous ride towards Choser village near the Tibetan border. Visit Sinja cave and the remarkable multi-storey cave dwellings carved into the cliffs centuries ago, and continue to the last accessible village of Nepal before returning to Lo Manthang.

Stay: Everest Guest House or similar
Meals: Breakfast, dinner
Sightseeing: Choser village, cave dwellings, last village near the Tibet border

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DAY 09

Lo Manthang to Marpha

Lo Manthang → Marpha **113 km**

Begin the return through Upper Mustang across rugged mountain trails, river crossings and dramatic valleys to Marpha, famous for its whitewashed houses, apple orchards and local apple products.

Stay: Hotel De Maya or similar
Meals: Breakfast, dinner

DAY 10

Marpha to Pokhara

Marpha → Pokhara **150 km** **827 m**

Descend from the high mountains into greener landscapes, riding through Jomsom, Tatopani and river valleys. Arrive in Pokhara and celebrate the successful completion of the Upper Mustang expedition.

Stay: Hotel Landmark or similar
Meals: Breakfast, dinner
Sightseeing: Jomsom, Tatopani; celebration dinner (optional)

DAY 11

Pokhara to Gorakhpur

Pokhara → Gorakhpur **280 km**

Ride back to the India–Nepal border, complete exit and re-entry formalities, and continue to Gorakhpur — the end of an unforgettable Himalayan motorcycle expedition.

Stay: Hotel in Gorakhpur
Meals: Breakfast, dinner

DAY 12

Final departure

Gorakhpur

Breakfast at the hotel, then transfer to the airport or railway station for your onward journey.

Meals: Breakfast

PRICING

Prices & packages

All prices are per person, plus 5% GST. An advance of₹50,000 per person secures your place. Per person · maximum group of 12 riders

RIDER WITH COMPANY MOTORCYCLE

Solo rider — Himalayan 450cc

₹1,68,000 per person

One rider on a Royal Enfield Himalayan 450.

PASSENGER / PILLION — STARTING PRICE

Pillion rider — Himalayan 450cc

₹1,45,000 per person

Riding pillion on a Royal Enfield Himalayan 450.

PLAN YOUR RIDE

Upcoming departures

New dates coming soon

Contact us to hear first, or to plan a private departure for your group.

WHAT YOU GET

Inclusions & exclusions

✓ Included

- Overnight stays as per the itinerary in the best available hotels, on breakfast and dinner basis, inclusive of all applicable taxes
- Services of an experienced road captain and mechanic, including their allowance, accommodation and meals
- Motorcycle and fuel for the road captain
- 1 back-up 4×4 jeep (Hilux) to carry luggage, spare parts and mechanic
- Annapurna Conservation Area Project (ACAP) fee
- TIMS card (Trekkers' Information Management System)

✕ Not included

- Nepal entry visa fee (applicable for foreigners)
- Domestic and international airfare
- Airport transfers
- Personal insurance and evacuation charges
- Sightseeing tours in Kathmandu and Pokhara
- All expenses of a personal nature such as drinks, laundry etc.

✓ Included (continued)

- Special permit for Upper Mustang / Lo Manthang (restricted area) of USD 50 per person per day (subject to change without prior notice)
- Comprehensive medical kit
- Bhansar (customs duty) for the motorcycles
- Hire of motorcycle (Himalayan 450cc)
- Fuel for the motorcycle (as per the itinerary)

✕ Not included (continued)

- Insurance against accidents, loss of life, loss of goods etc.
- Costs due to natural calamities, strikes, breakdowns and anything beyond our control
- Anything not included in “The cost includes”
- Motorcycle security deposit of ₹10,000

BEFORE YOU BOOK

Cancellation policy & terms

Cancellation & Refund Policy

Advance payment
The advance amount is non-refundable.

Cancellations by riders
Once 100% of the trip cost has been paid:

- Cancellations made more than 30 days before the start date: we return 50% of the remaining amount.
- Cancellations made more than 15 days before the start date: we return 25% of the remaining amount.
- Cancellations made 0–15 days before the start date: no refund.

The advance amount is non-refundable in every case.

Weather and government restrictions
If unforeseen weather conditions or government restrictions cancel certain activities, we will do our best to provide a feasible alternative. No refund is given for activities cancelled for these reasons.

Cancellation by us
In the unlikely event that we cancel a trip due to unforeseen circumstances, you will receive a full refund of the amount paid, or the option to reschedule.

Terms & Conditions

1. Booking and payment
A non-refundable deposit confirms your booking, and the remaining balance must be paid before the departure date. The deposit amount and the balance due date for each tour are shown on the tour page and confirmed in your booking.

2. Cancellation by the organiser
In the unlikely event of trip cancellation by us due to unforeseen circumstances, participants receive a full refund of the amount paid or the option to reschedule. See also our Cancellation & Refund Policy.

3. Liability and safety

- The organiser is not responsible for any accidents, injuries or loss of personal property during the trip. Travel insurance is highly recommended.
- Participants are responsible for their own safety and must follow all instructions given by the guides and the organising team.
- Please tell us about any medical conditions or dietary restrictions before departure.

4. Changes to the itinerary

- Weather and road conditions in the mountains can be unpredictable, so the itinerary may change.
- We reserve the right to change the schedule, accommodation or activities when necessary for the safety and well-being of participants.
- If weather, road blocks or flight cancellations mean we cannot reach a hotel and extra nights are needed, the extra cost is charged separately.

5. Travel insurance
We strongly recommend that every participant buys travel insurance covering trip cancellation, medical expenses, accidents and emergency evacuation. The organiser is not liable for any financial loss due to lack of insurance.

6. Responsibilities of participants
Participants must be physically fit for mountain conditions, where temperatures can be extreme, and must bring adequate warm clothing and gear as listed in the packing list. Please be punctual and respectful to guides, local people and fellow travellers.

7. Code of conduct

Respect local customs, culture and the environment. Misconduct, harassment or disruptive behaviour towards other participants, guides or local people leads to immediate removal from the trip without a refund.

8. Force majeure

The organiser is not liable for cancellations, delays or changes to the itinerary caused by factors beyond our control, including natural disasters, political unrest or government restrictions.

9. Assumption of risk

Motorcycle travel in the mountains involves risks, including cold weather, slippery surfaces and high-altitude riding. Participation is at your own risk.

Ready to ride?

Talk to us about Nepal – Upper Mustang Motorcycle Ride.

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Book online	greatindianrides.com/motorcycle-tours/nepal-upper-mustang-motorcycle-ride

Prepared on 3 November 2026 from the latest information on greatindianrides.com. Prices, dates and the itinerary may change because of weather, road and permit conditions — please confirm when booking.